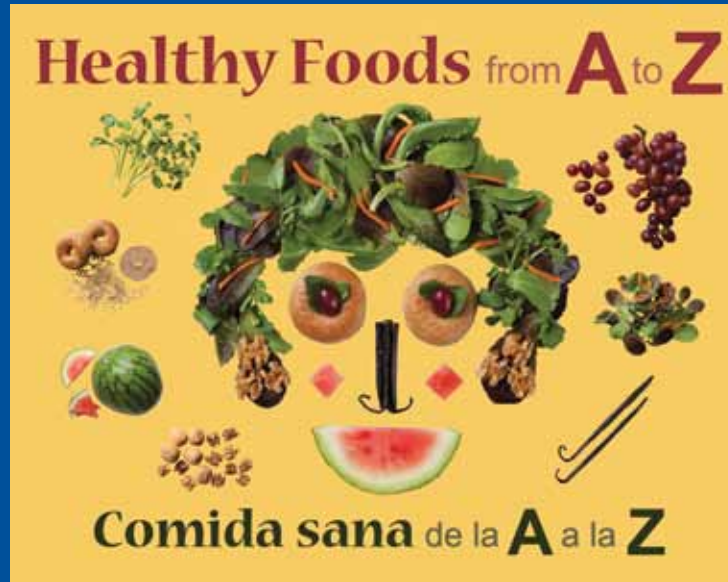


# Healthy Foods from **A** to **Z**

## Comida sana de la **A** a la **Z**



- An innovative book on nutritious foods for the very young, available now!
- Combines charming food faces with learning of ABCs!
- More than 100 full color photos!



- ISBN: 978-0-9834983-1-5
- 32-page picture book
- Ages: 3-6
- 8.75" x 11.25"/ Landscape
- Bilingual (English & Spanish)
- Retail price: \$15.95/ Special discounts available.



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Helping children learn about healthy foods-as well as their ABCs-this bilingual picture book in English and Spanish features colorful photographs of engaging faces made of fruits, vegetables, grains, dairy, and soy products. A sample sketch with instructions, followed by additional suggested activities, helps children create their own food faces and connect with peers and teachers. An informative section for parents highlights the nutritional value of 70 foods illustrated in the book. The interactive pages charming illustrations by well-known food photographer Renée Comet will invite children to visit the book over and over again.

**“What a fabulous book! The challenge has always been to get our children to want to eat and try a variety of nutritious foods. At last, there is *Healthy Foods from A to Z!*”**

*Edie Wiltsee, MPH, MS, CLC, Program Director, Monterey County California Health Department.*